Our Vision
St Munchin’s Catholic School aspires to reflect the life and love of Christ for His people.

Our Mission
In the tradition of Eucharistic sharing, St Munchin’s Catholic School community aims to reflect the life and love of Christ for His people. The school community works together to provide pastoral care for each person and to nurture the development of the whole child.

We pray for our young people and their families who are saying ‘yes’ to full initiation into the Catholic Church through the Sacrament of Confirmation this Sunday. May their faith and commitment to others inspire us to open our hearts to the gifts of the Holy Spirit so that together we may transform our world through acts of love and service.

Breath of God, Spirit who appeared like a driving wind, blow away our prejudice and teach us to value all people.

Spirit of God, who appeared like tongues of flame, burn in us as a passion for justice and a commitment to change.

Spirit of life, who caused the disciples to speak in tongues, speak through us, and fill us with the courage to proclaim your love.

Spirit of truth, who fills us with wonder and awe, inspire us to work for a better world and a future where injustice is swept away.

Amen

Catherine Gorman/CAFOD
Dear Parents, Carers and Friends

Congratulations and best wishes to our Year six students who will be receiving the Sacrament of Confirmation this Sunday at the 9.30am mass. Bishop Don Sproxton will administer the Sacrament. Bishop Don was most impressed with their preparation and enthusiasm when he visited last Tuesday. Thanks to all who have assisted in preparing the students including teachers, past and present, parents, and Fr Philip. Our prayers and thoughts are with you all.

National Catholic Education Conference
Miss Harrison, Mr Musitano and myself will be attending this conference which will be held at the Convention Centre from Sunday evening 19th June to Wednesday 22nd June. Attendance at this Conference is part of our Leadership Professional Development. During our absence Mrs Joan Mackin and Mrs Saskia Manik will be in charge and will look after the school community.

Year 5 Assembly
Congratulations to the Year 5 students and teachers for last Friday’s assembly. A lot of preparation and rehearsing took place to produce such an informative and humorous performance.

Mid Year Reporting
Reporting to parents in a way that gives an honest and current picture of where your child is tracking in their education is something we take very seriously, and we endeavour to do so in the best way possible. To do this, a lot of work is taken by your child’s class teacher prior to you receiving the formal written report.

Reporting student achievement is in terms of grades (A – E) and is a broad classification of performance where each grade represents a wide range of student ability. The School Curriculum and Standards Authority (SCSA) Judging standard is a tool to support teachers when reporting against the achievement standards for each year of schooling. The achievement standard describes an expected level that the majority of students are achieving or working towards by the end of that year of schooling. Some students will have progressed beyond the achievement standard (‘A’ or ‘B’) grade and others will need additional support (‘D’ or ‘E’) grade. The expected standard for each year is described as ‘C’ or Satisfactory.

These formal reports are written to you as parents and how you choose to share this with your child is up to you; however, we urge you to praise your child for their accomplishments, no matter how small, and know that you will work together on their learning weaknesses, as a team. It’s important to promote a positive mindset on achievement based on intrinsic values rather than bribery for certain results or even worse placing a monetary value on achievement that is placing a stress that your child has no control over. Your class teacher is always happy to clarify results with you.

This Week’s Article… “Reading Your Child’s Report”
In view of the above information, this article is provided to help you and your child.

Visitors to the School During Recess and Lunch
Over the next few months while the administration block is being refurbished, the school office, now located in the hall is unattended during

Recess: 10.35am - 10.55am
Lunch: 12.35pm - 1.20pm

Parents need to call into the Learning Support Centre (next to the gate) during these times to pick up your child.

If you are able to inform us that you are picking up your child during these times, we will arrange for your child to be waiting for you in the Learning Support Centre.

At all other times, parents and visitors to the school must call into the office to sign the school’s visitors’ register.

Kind regards

Rob Romeo
Principal

Accessing www.stmunchins.wa.edu.au and the ‘My Internet’ Desktop and ‘My Classes’ pages from home………
Here are some ideas that can help as well as they could at school. They do much better when they are refreshed and ready for a day’s work. School children need around 12 hours of sleep every night. A bedtime of 7pm allows time to get ready for bed and fall asleep. From the ages of 8 to 12 bedtimes can be around 8pm. Five years old who has to get up at 7.30am would have 12 hours sleep. A bedtime of 7pm allows time to get ready for bed and fall asleep. From the ages of 8 to 12 bedtimes can be around 8pm.

Establish routines and stick to them. Begin early by ensuring school-age children have regular bedtimes which gradually get later as they grow older, allowing them the full amount of recommended time asleep. Work back from the time they have to get up in the morning to set the bedtime. For instance, a five-year-old who has to get up at 7.30am would have to be asleep by 7.30pm the previous night to get 12 hours sleep. A bedtime of 7pm allows time to get ready for bed and fall asleep. From the ages of 8 to 12 bedtimes can be around 8pm.

Create the right conditions for sleep. Help the whole family wind down before bedtime with quiet activities like reading or taking a warm shower. Make sure TV and computers are turned off an hour before bedtime to help the brain relax.

Keep bedrooms for sleeping. Computers and TVs are best kept in the living room. Children are less likely to stay up late if they don’t have a TV, games console or computer in their bedroom.

Set a good example by going to bed at a regular time yourself so the doors are locked, the lights turned off and the house is quiet by the same time every night. Acknowledgement: “The Principals’ Digest” Vol.15 Number 38.

---

**Confirmation**
**Sunday 19th June**
Celebration of Confirmation in the 9.30am Parish Mass.

**Life Link**
Thank you to everyone who contributed to our Rug Up and Link up for LifeLink gold coin day last Thursday. Together we raised $406 which when combined with the totals raised by other schools will help the LifeLink agencies provide support to many disadvantaged and at risk people.

**News from Our Lady of the Most Blessed Sacrament**
**Interested in Becoming a Catholic?**
Those wishing to find out more about the Catholic Faith are encouraged to come along to a casual information evening in the Parish Centre on Wednesday, 29th June, at 7.30pm. No commitment is required, just an interest in finding out more about what it is to become Catholic.

All parishioners are invited as your own personal growth can develop while supporting others to discover the beauty of Christianity. Committed sponsors are needed to support those journeying to an understanding of Christianity. All are welcome to attend. A light supper will be provided.

---

**Winter Uniforms – Jumpers, Sport Tops and Pants have arrived!**
You may collect the items that are available from the Uniform Shop on Monday from 8.30-9.30am or 2.30-3.30pm

---

**Plastic bags needed for the library. All donations appreciated.**

---

Helping your children get enough sleep is IMPORTANT for success.

School children need around 12 hours of sleep every night. This drops slightly as they grow older until, in their teenage years, around 9 hours a night is recommended. Children who don’t get enough sleep don’t do as well as they could at school. They do much better when they are refreshed and ready for a day’s work.

Here are some ideas that can help:

😊 **Explain to your children the need for enough sleep.** Lack of sleep can make children irritable and anxious. It can even cause headaches and tummy aches.

😊 **Establish routines and stick to them.** Begin early by ensuring school-age children have regular bedtimes which gradually get later as they grow older, allowing them the full amount of recommended time asleep. Work back from the time they have to get up in the morning to set the bedtime. For instance, a five-year-old who has to get up at 7.30am would have to be asleep by 7.30pm the previous night to get 12 hours sleep. A bedtime of 7pm allows time to get ready for bed and fall asleep. From the ages of 8 to 12 bedtimes can be around 8pm.

😊 **Create the right conditions for sleep.** Help the whole family wind down before bedtime with quiet activities like reading or taking a warm shower. Make sure TV and computers are turned off an hour before bedtime to help the brain relax.

😊 **Keep bedrooms for sleeping.** Computers and TVs are best kept in the living room. Children are less likely to stay up late if they don’t have a TV, games console or computer in their bedroom.

😊 **Set a good example by going to bed at a regular time yourself** so the doors are locked, the lights turned off and the house is quiet by the same time every night. Acknowledgement: “The Principals’ Digest” Vol.15 Number 38.
Awards received at the assembly held on Friday, 20 May and 10 June 2016

PPW Khushi Shah * Maria Donina * Patrick Pitman *
3M Aydon Joseph * Nate Paardekooper * Imogen Keeley-Wright * Michal Durech * Lucy Griffin * Phillip Paesu * Linkon Bramwell *
3W Patricia Aparo * Stephanie Gordon * Deng Ayiei * Olivia Braulio * Lachlan Keane * Raphael Graham *
4M Nate Redmond * Chloe Stubley * Flynn Jongeling * Shanell Adamson * William Crockett * Didier Lurihosi * Chase Bresland * Kiara-Lee Smyth * Mia Gradisen *
4W Elsa Rehaut * Rose Nixon * Joel Thomas * Chloe Almstrom * Amelia Brown * Daniel Zhuo *
5M Timothy Yates * Riley Jones * Honey Agus * Cody Bettridge * Jazmin Galea * Alanis Roach *
5W Athea Octot * Emily Chapman * Lucas Bramwell * Jacob McAuliffe *
6M Rachael Abraham * Angel Donina * Warren Bacaron * Mitchell Jongeling * Haylea Holmes
6W Emma Morphett * Joshua Wilson * Ciara Jacob * Riley Boyce *

Entertainment Book Fundraiser

Entertainment Books to be returned to the school by Friday, 3 July 2015

Please remember that it is not compulsory to purchase the Entertainment Book, although it is good value. If you do not wish to purchase just simply return the book to the box in the front office and your family name will be marked off the master list.

You may still pay online at www.entbook.com.au/9r182721 or complete an order form which is available from the school office.

If you have any questions, please do not hesitate to contact me on 0411 331 480.

Thank you for your continued support in helping us fundraise for our school.

Robyn, President P&F

Community groups, not-for-profits, clubs and schools who would like to learn more about the situation faced by people seeking asylum are invited to attend a Conversations in the Community discussion during Refugee Week.

The Red Cross will facilitate an informative and engaging presentation and Q & A session on the reasons why people need to leave their home country, human rights and the difference between asylum seekers, refugees and illegal immigrants.

Information will be provided in a neutral, unbiased format in line with Red Cross’ fundamental principles.

Date: Wednesday, 22 June 2016
Time: 2.00pm – 3.30pm
Location: Amherst Community Hall (Corner Warton Rd & Holmes Street, Southern River)
Cost: Free
Catering: Afternoon tea will be provided

To register your place, contact the Community Development Team at the City of Gosnells by 17 June on 9397 3123 or community@gosnells.wa.gov.au