



Triple P Seminar Series

Make parenting easier by teaching your child the social and emotional skills they need.



Positive parenting

Introduces the core principles of positive parenting, having realistic expectations and taking care of yourself as a parent.

Date: Tuesday 15 May

Raising confident and happy children

This seminar looks at ways to increase your child's emotional skills, build resilience and looks at the skills that are important for children to succeed at school and get along with others.

Date: Tuesday 29 May

Time:

5.30pm Supper and registration

6.00pm Seminar

8.00pm to 8.30pm Questions

Venue:

Don Russell Performing Arts Centre

Lot 13 Murdoch Road, Thornlie

Bookings essential.
No crèche available.

Come along to one or both free parenting seminars.

For bookings please contact the Child and Parent Centre - Gosnells

Telephone: 9398 8720

Email: CPCGosnells@centrecare.com.au

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