

THE MUNCH BOX 2017 WINTER MENU TERMS 2 & 3

Canteen Manager: Katrina Van Der Wel 0412 605 319

All food is approved by the School Canteen Association Traffic Light System (G) – Green always food (A) – Amber once a week food (R) - Red not on menu

Heating of food brought from home is no longer allowed. Forks and Spoons cost 10c unless a meal is purchased.

Our menu is available on the School Web site. Lunch bags can be purchased – 10 for 50c

MONDAY

Mrs Macs Good Eating Pie	\$3.00 (A)
Mrs Macs Good Eating Sausage Roll	\$2.50 (A)
Four n Twenty Beef Party Pie Slams (8)	\$3.00 (A)
Pizza Slice	\$4.00 (G)
(Hawaiian, Supreme, Ham Hero, Vego)	\$4.00 (G)
Homemade Curried Sausages with peas	\$5.00 (G)
And Steamed Rice	
TOMATO OR BBQ SAUCE	\$0.50C

WEDNESDAY

Hot Dog (Tom or BBQ sauce)	\$4.00 (A)
Nacho Dippers	\$4.50 (A)
Stuffed Chilli Con Carne Spud	\$5.00 (G)
(Mild beef chilli mince and melted cheese)	
Stuffed Ham and Cheese Spud	\$5.00 (G)
(Ham and Melted Cheese)	
SOUR CREAM OPTIONAL	\$0.50C

FRIDAY

Lunch Meal	\$6.00 (A)
(Crumbed Fish or Chicken tenders with a corn cob, garlic bread, 5 potato gems and tomato sauce)	
Homemade Butter Chicken and Steamed Rice	\$5.00 (G)
Homemade Spaghetti with Meatballs	\$5.00 (G)
(served with Parmesan Cheese)	

MEALS AVAILABLE EVERY MON, WED, FRI

Lasagne	\$4.50 (G)
Gluten Free Lasagne (GF)	\$4.50 (G)
Pasta	\$4.50 (G)
Macaroni and Cheese	\$4.50 (G)
Hot Chicken and Mayo Roll	\$4.00 (G)
Salad Box with French Dressing or Mayo	sm \$3.00 (G)
lettuce, carrot, cucumber, capsicum, tom	lge \$4.00
Cheese optional	\$1.00
Meat (Ham or Tuna or Chicken or 2 eggs)	\$1.00
Lunch Pack (includes 1 sandwich - your choice	\$5.00 (G)
of Vegemite OR Cheese OR Butter,	
juice box, sultanas and a fruit cup)	

RECESS ITEMS EVERY MON, WED, FRI

Fruit Jelly Cup	\$1.20 (G)
Snack Pie (Wed and Fri only)	\$1.00 (A)
Fruit Cup	\$1.20 (G)
Pikelets plain or fruit	\$0.50 (G)
Homemade Fruit Muffins	\$1.00 (A)
Corn Cob (also available to order for lunch)	\$1.20 (G)
Garlic Bread	\$0.60 (A)
Cheesy	\$0.80 (G)
Chicken cheesy	\$1.00 (G)
Plain Popcorn	\$0.50 (G)
Slinky apple from home	\$0.20
Sipahh Straw	\$0.50 (G)

RECESS SPECIALS (1-6 ONLY)

MONDAY -	Chicken Nuggets	\$2.00 for 4 (A)
WEDNESDAY -	Hash Browns	\$1.00 each (A)
FRIDAY -	Pizza Slice	\$1.00 slice (G)

ICY POLES AVAILABLE LUNCH TIME ONLY YEARS 1-6

Scooby Doo Ice Cream (Choc, Banana)	\$1.30 (A)
Juicies (Lemonade, Orange, Tropical, Berry)	\$1.50 (A)
Moosies (Choc, Straw, Banana, Blue Moon)	\$1.50 (A)
Vanilla Icecream Cups	\$1.00 (A)
Quelch Fruit Stick	\$0.80 full stick (A)
	\$0.40 ½ stick (A)
Twisted Frozen Yoghurt (Choc Vanilla/Straw Vanilla	\$1.80 (G)
Watermelon and mango)	

DRINKS

Juice Boxes	\$1.80 (A)
(Apple, Tropical, Orange, Apple & Chocolate/Strawberry Milk	\$2.00 (G)
Up and Go	\$1.80 (A)
(Chocolate, Strawberry, Vanilla, Banana)	
Bottled Water	\$1.80 (G)
Brownes Hilo Milk carton	\$1.50 (G)
Milo Ready to Go	\$1.80 (G)

EVERYDAY SANDWICHES

Sandwich	Roll/wrap	Toasted	With Salad (lettuce, carrot & tomato)
Ham	\$3.10	ADD 50C	ADD \$1
Ham/Cheese/Tom	\$3.60	ADD 50C	ADD \$1
Ham & Cheese	\$4.00	ADD 50C	ADD \$1
Cheese	\$2.60	ADD 50C	ADD \$1
Egg Plain/Curried	\$2.60	ADD 50C	ADD \$1
Chicken	\$3.60	ADD 50C	ADD \$1
Tuna	\$3.60	ADD 50C	ADD \$1
Vegemite	\$2.10	ADD 50C	ADD \$1
Salad Sandwich	\$3.60	ADD 50C	
Baked Bean/Tin Spaghetti	\$2.60	ADD 50C	

Extra Cheese add \$1.00
Extra Mayonnaise add 50c